**Woodland Hills Ward Relief Society**

**2017 Temporal Challenges and Suggestions**

**Month Stake themes Suggested FHE Suggestions for**

**Lessons Self-reliance projects**

January health, first aid, #6 Hygiene and 72-hr. kits: hygiene and

herbs, exercise, Sanitation sanitation

diet, garden plan

February sewing, home #11 Family Records 72-hr. kits: communication

beautification,

garden seeds

March dairy, eggs #5 Shelter, Clothing 72-hr. kits: clothing

April shelter, light, #4 Lighting, 72-hr. kits: lighting

cooking, heating Cooking, and Heating

May oil, salt, sugar, #2 Earthquake and 72-hr. kits: fire starting

spices, leavening Fire

June 72-hr. kits, hygiene, #7 72-hr. Kits and 72-hr. kits: meals

sanitation, water Evacuation

July finances, #12 Financial 72-hr. kits: cooking equipment

employment Preparedness

August canning, #1 Water Storage 72-hr. kits: water bottles and

dehydrating, purification

fermenting,

save seeds

September convenience foods, #9 Three-month Three-month storage

paper goods Storage

October meats, grains, beans #10 A Year’s Supply Inventory year’s supply

November utilities, evauation, #8 Vehicle Car kits

phone numbers, Preparedness

disasters, cars

December seed, nuts, sprouts XXXXXX XXXXXX

January health, first aid, #3 First Aid and 72-hr. kits: first aid

herbs, exercise, Medicines

diet, garden plan