

## **POWER IN PREPAREDNESS! Week 11: Emergency Storage of Family Records**

Family Home Evening—Choose what works for your family.

**Songs:** *Nephi's Courage*, and *Search, Ponder, and Pray* (Children's Songbook p. 120 and p. 109); *Let Us All Press On* (Hymns, p. 243)

**Book of Mormon Story:** Nephi gets the brass plates from Laban.  
Read 1 Ne 3 and 4.

### **Discussion Questions:**

- 1) What did Nephi know about the Lord's commandments?  
The Lord provides a way for men to accomplish his commandments.
- 2) Why was it important to go back and get the plates?  
The plates would preserve the language of their fathers and the words of the prophets for their children.  
They could not keep the commandments and would perish in unbelief unless they had a copy of the law of Moses.
- 3) On the third visit to Laban, how did Nephi know what to do?  
He was led by the Spirit.

### **Objectives:**

- 1) The Lord will provide a way for us to accomplish his commandments.
- 2) The scriptures and our family records are important for our children to learn the gospel and to know about their ancestors.
- 3) We can be led by the Spirit in obtaining and preserving our family records.

### **Activity Ideas:**

- 1) Make an identification card with a photo and fingerprints for each family member. ID cards are available from most local police departments.
- 2) Place copies of birth certificates in your 72-hour kits.
- 3) Shrink and laminate copies of patriarchal blessings to fit in wallets.
- 4) Gather important papers into a safe location.
- 5) Make an inventory of precious possessions for use in the event of evacuation or for insurance purposes.
- 6) Make child emergency backpack kits for school.

### **Treat Ideas:**

Make a treat from your family heritage.

- a) Johnny cake (Gramma's easy version)
  1. Follow the box mix instructions to bake a spice cake. Use a 9"x13" baking pan.
  2. Mix applesauce with cinnamon and spread it over the top of the cake.
  3. Best served warm with vanilla ice cream.
- b) Banana pudding
  1. Cover the bottom of a 9"x13" baking pan with vanilla wafers.
  2. Slice bananas to cover the vanilla wafers.
  3. Prepare three 5 oz. boxes of cooked vanilla pudding.
  4. Pour the pudding over the vanilla wafers and bananas. Use a spoon to push the floating wafers back down again.
  5. Serve warm or cold with whip cream. Refrigerate with plastic wrap on the pudding to prevent the formation of a "skin" on the top.

## ***A Quick View of Emergency Record Storage***

### **Protect your paper trail.**

1. Store important documents in a safe place.
  - a. At home: fireproof safe
  - b. Away from home in a secure location: safe-deposit box
2. Document categories
  - a. Emergency contact information: family members (local, out-of-town contact), schools, work, home/visiting teachers, emergency services, doctors, dentist, attorney
  - b. Personal identification: identification cards (with photo and fingerprints), vital records (birth, marriage, death, adoption certificates), social security cards, copies of driver's licenses, passports, military records, medical records (doctors, dentist, prescriptions, immunizations, allergies, disability, authorization for treatment of minors)
  - c. Financial/legal: proof of residence, property deeds, bank accounts, safe deposit box, credit cards, insurance policies (life, home, auto, medical), tax returns (seven years), investments (stocks, bonds, real estate, etc.), loans (I owe, owed to me), wills (power of attorney, legal guardians), attorney/accountant contact information, funeral plans, computer backups
  - d. Precious possessions: photo albums, educational records (diplomas, certifications), church records (blessing, baptism, ordinations, patriarchal blessings, sealings), genealogy, home inventory (list, photo, video, appraisals)

### **Review your insurance.**

1. Review your policies periodically.
2. Flood insurance is not included in regular policies.
3. Earthquake insurance is not included in regular policies.

### **Take inventory.**

1. Make an inventory of precious possessions for use in the event of evacuation. Post it in a handy location, such as the back of a kitchen cabinet door.
2. An inventory of your home will help in the settlement of insurance claims.
3. Methods
  - a. Keep it simple. Videotape your possessions while describing what they are, where you got them, and their value. Remember the insides of closets.
  - b. Take digital photos and store them on a CD.
  - c. Work at it room by room, as you have time.
  - d. Include the exterior of your home and your vehicles.
  - e. Save receipts and model numbers, when possible.
  - f. Get professional appraisals of jewelry, collectibles, artwork, or other items that may be difficult to evaluate.
  - g. Update after new purchases and every five years.

# Child Backpack Kit

## Child Backpack Kit Overview

1. Children's needs
  - a. Children who attend school can keep a small kit in the bottom of their backpacks to help them in an emergency or if they get lost.
  - b. Having a small emergency kit can increase a child's sense of security in daily life as well as in an emergency.
  - c. The most important item children need to carry is contact information to help reunite them with their families.
2. Categories and upgrades
  - a. Choose supplies in each category to suit your budget.
  - b. An inexpensive beginning kit can gradually be upgraded with better quality supplies.
  - c. Keep it small! Choose the contents and size of the kit to suit the age of the child.

### Container

Store the supplies in a sealable bag in the bottom of a child's backpack.

### Water

1 small water bottle, box, or foil packet

### First aid supplies

2 bandaids

2 wet wipes

### Light

Cyalume light stick or small flashlight

### Shelter/Clothing

Garbage bag or rain poncho

Mylar blanket

2 heat packs

### Communication

Contact information: family names, phone numbers, addresses

Health information: allergies, medications

Whistle

Pen and paper

Cash and coins

### Food

Granola bar, gum, hard candy

### Entertainment

Book, pocket game, or cards